

# Get help applying for Universal Credit

**Help to Claim** is a dedicated service from Citizens Advice.

It's free, independent and confidential.

Call us for free: **0800 023 2581** (Scotland)  
8am-6pm, Monday to Friday.

Chat to an adviser online at **[cas.org.uk/helptoclaim](https://cas.org.uk/helptoclaim)**  
(available 8am-6pm, Monday to Friday)



# Help to Claim can help you with your Universal Credit application

It's free, independent and confidential. Every year, our dedicated advisers help thousands of people get the help they're entitled to.

## What we can help with

- Find out if you're eligible for payments
- Step-by-step support to complete your UC claim
- Prepare for your first JobCentre appointment
- Check your first payment is correct

[www.cas.org.uk](http://www.cas.org.uk)

 @CitAdviceScot

 CitizensAdviceScotland

© Citizens Advice 2022

# Applying for Universal Credit

You can apply online, or in some special circumstances, over the phone or from home.

## What you'll need

If you can, collect this information in advance. This will save you time and make it easier to apply.

To start the application, you'll need details of your:

- Housing
- Income and savings
- Childcare situation
- Other benefits, if you get any

To find out more about applying for Universal Credit, visit our website at [citizensadvice.org.uk/scotland/benefits/universal-credit/](http://citizensadvice.org.uk/scotland/benefits/universal-credit/)