

OPEN DOOR SERVICE

FOR ANYONE OVER 16+



Direct Access is an open door service, available to anyone needing our support, providing information, advice and access to essentials for anyone facing crisis.

HOW TO ACCESS THE SERVICE

You can find us at
62 Summer Street
Aberdeen
AB10 1SD

Telephone: 0300 303 0903

We also accept referrals

Email: directaccess@weareac.org

Opening Hours:

09:00 - 17:00 Monday to Thursday

10:00 - 16:00 Friday

Food Provision Hours:

10:00 - 15:00 Monday

13:00 - 16:00 Tuesday

10:00 - 15:00 Wednesday

CLOSED Thursday

10:00 - 15:00 Friday



Aberdeen Cyrenians is a charity registered in Scotland (No: SC014849) and charitable company limited by guarantee (SC70903).

DIRECT ACCESS SERVICE





HOW WE HELP

Our Direct Access team are on hand to offer advice and support.

Our goal is to support independence and resilience, but we understand that this can take time.

We provide essentials to help people sustain themselves, giving the time needed to focus on longer-term change to get back on their feet.

If you need support, we can help.

OUR SUPPORT

We can offer Support, Guidance, Food and Essentials:

- Advice on benefits and welfare grants
- Access to phones, digital support and the internet
- Referrals to our internal services and other agencies
- Empowering support to build skills and resilience
- Food
- Clothing
- Toiletries
- Household items
- Bedding
- Laundry & Showers

Support is offered through:

- Case Management
- 1:1 sessions
- Warm area to speak and connect



ABOUT US

Our service is person-centred, flexible, inclusive, compassionate and friendly providing practical and emotional support to survive and thrive.

We know life is complicated and our team offers support that encompasses multiple needs working alongside people to reduce and overcome barriers that they face.

